



**ADVENTURE**  
INTERNATIONAL



Kilimanjaro - Lemosho route

*Adventures for a Lifetime*

# Kilimanjaro - Lemosho route

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*The Kilimanjaro Lemosho Route is the best ascent route but this offers the complete Kilimanjaro experience, more acclimatization time, more culture, and more spectacular scenery. Note: this itinerary ascends via Stella Point and NOT the Western Breach and is for that reason considered to be a safer route. An 8 day ascent to the roof of Africa. Starting at Lemosho on the Western side and traversing across the most spectacular parts of the mountain including the Shira plateau, Lava Tower, Barranco valley and up to the summit via Stella Point. Descent is via the Mweka route. The trip is fully supported with spacious guest tents, mattress and pillow as well as a mess tent with lightweight tables and chairs and all cutlery. Our trips also include a toilet tent in camp and most importantly knowledgeable professional guides that go through bi annual training. Our logistics team at our base monitors your trip from start to finish. Kilimanjaro! Afromontane forest, Shira plateau, glacial valleys and alpine desert, Lava Tower, The Roof of Africa!*

## In more detail...

### **Day 1 ~ Arusha**

On arrival you are personally met by one of our representatives and transferred to Arusha to a well appointed lodge. In the afternoon there is a full briefing with the climbs Manager and your guide. *Overnight Rivertrees Country Inn (D) \*\*other options available\*\**

### **Day 2 ~ Forest**

From our accommodation we set out in vehicles to the starting point of our Kilimanjaro climb, the Lemosho trail. Here you meet the rest of your crew and set off at a leisurely pace into afromontane forest. Lunch is taken on trail and camp is reached mid afternoon. *Overnight Forest Camp (B,L,D)*

### **Day 3 ~ Shira 1**

From the forested slopes of Lemosho you ascend through Podocarpus and Juniper forest and break out of the forest on to the heath zone and the Shira Plateau. Lunch is taken on trail and you arrive in camp mid afternoon. *Overnight Shira 1 Camp (B,L,D)*

### **Day 4 ~ Moir Hut**

Crossing the Shira plateau can be one of the most scenic parts of the trip and this morning we hike for around 3-4 hours to the lunch point. After lunch we ascend to Moir camp, arriving in the mid afternoon. For those with the energy a hike in the late afternoon is possible. *Overnight Moir Hut Camp (B,L,D)*

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### **Day 5 ~ Barranco**

From Moir we traverse across the slopes of Kibo. Here relatively little flora or fauna can survive the extreme temperature ranges and conditions that typify this zone. Lunch is normally taken close to Lava Tower and for those that feel very strong there is an optional ascent of Lava Tower before descending down to Barranco camp in the afternoon. *Overnight Barranco Camp (B,L,D)*

### **Day 6 ~ Karanga**

You now have a relatively short day to Karanga camp, after conquering the Barranco Wall. The selection of Karanga camp is strategic - significant time at altitude is essential for safe acclimatisation and in the late afternoon you arrive in camp. Sunsets here are particularly spectacular with views of the southern glacial valleys and ice fields towering 1000 meters (over 3000 feet) above you. *Overnight Karanga Camp (B,L,D)*

### **Day 7 ~ Barafu**

Today is another half day ascending to Barafu camp. Once again lunch is taken in camp allowing plenty of time to relax before the summit bid. Desolate alpine desert and at times strong winds rip over this camp and yet in the evening splendid views of Mawenzi peak are the norm. A relatively early dinner is taken before heading to rest for the evening. *Overnight Barafu Camp (B,L,D)*

### **Day 8 ~ Summit / Mweka**

Most people depart just before midnight for the final summit bid. Patience and persistence is the name of game to reach the summit and by dawn as the first rays of light start to appear, most arrive near the rim. Ascending via Stella Point affords a relatively short final section to Uhuru peak, the Roof of Africa! What goes up must come down and your goal today is to reach Mweka camp before dusk. *Overnight Mweka Camp (B,L,D)*

### **Day 9 ~ Arusha**

After breakfast you descend once again through montane forest and around mid day after saying farewell to your crew, you are picked up and transferred back to your lodge for a well deserved shower! *Overnight Rivertrees Country Inn (B,L,D)*

### **Day 11 ~ Depart**

Today a day room is held to allow you to relax and check out later in the day. A vehicle is on hand to transfer you to the airport to connect with your international flight, or you may connect with further programs such as safari or Zanzibar... (B,L) **END OF SERVICES**

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*~ This is a sample itinerary that can be adjusted to suit your needs.  
For more info about pricing, set departures, custom trips, etc ---  
Please call +1 888 664 3865 or email us [info@adventure-international.com](mailto:info@adventure-international.com) ~*

